

# Accu-Clear®

THESE INSTRUCTIONS ARE FOR ACCU-CLEAR® PREGNANCY TEST WHICH IS IN A PINK FOIL POUCH.

PLEASE READ INSTRUCTIONS CAREFULLY BEFORE PERFORMING THE TEST.

## PREGNANCY TEST

### BEFORE YOU BEGIN

1. The unopened test can be stored at room temperature (up to 30°C/ 86°F). Do not freeze.
2. Do not open the foil pouch until sample is collected and you are ready to start the test.
3. Do not use if the foil pouch is torn or not sealed.
4. Do not use this test past the indicated expiry date.

### CONTENTS OF THE TEST KIT

This test kit contains multiple pouches. Each pouch contains one test and a desiccant.

*Note: The desiccant is for storage purpose only, and is not used in the test procedure.*

### WHAT ELSE DO YOU NEED

1. A timer (watch or clock).
2. A clean, dry container for a urine sample collection.

### SAMPLE COLLECTION AND PREPARATION

WHEN TO COLLECT URINE FOR THE TEST:

- If testing from the day your period is due, you can test any time of day.
- If testing early, use the first-morning urine of the day.

HOW TO COLLECT URINE:

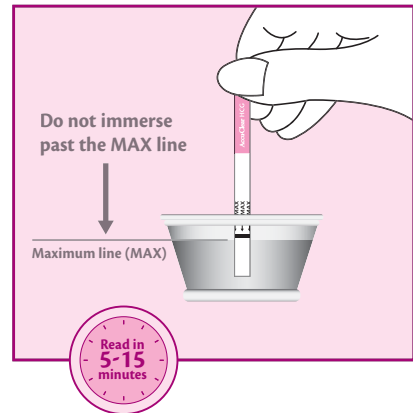
- You can collect your urine sample in a clean, dry plastic or glass container.
- Fresh urine does not require any special pre-treatment.

*Note: Do not mix urine samples collected at different times.*

### HOW TO USE THE TEST

If the test and urine sample are stored refrigerated, allow to reach room temperature (about 20 minutes).

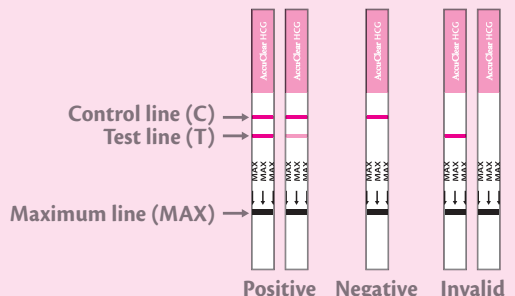
1. Remove the test from the sealed pouch and use it as soon as possible.  
*Note: Do not touch any part of the test apart from the colored handle.*
2. With the arrows pointing toward the urine sample, place the test vertically in the urine for at least 10-15 seconds.
3. Remove the test from urine sample and **lay the test flat** on a clean, dry, non-absorbent surface.
4. Start the timer.
5. You can read your result as early as five (5) minutes after placing in the sample, but do not read your result after fifteen (15) minutes. (Refer to question 9)



### HOW TO READ YOUR RESULT

Pay attention to the position of the control line (C) and test line (T).

1. **Positive result:** Two colored lines appear, one at the test line (T) position and another at the control line (C) position. (Refer to questions 3 and 4)
2. **Negative result:** Only one colored line appears in the control line (C) position. No colored line in the test line (T) position. (Refer to questions 5 and 6)
3. **Invalid result:** Absence of a colored line in the control line (C) position is an invalid result. You should repeat the test with a new test. (Refer to questions 8 and 9)



## PREGNANCY TEST

### QUESTIONS AND ANSWERS

#### 1. How does the Accu-Clear® Pregnancy Test work?

When you are pregnant, your body produces a pregnancy hormone called hCG (human Chorionic Gonadotropin). This hormone appears in the urine shortly after fertilization takes place. The test can detect tiny amounts of this hormone in your urine.

#### 2. When can I test with Accu-Clear® Pregnancy Test?

Accu-Clear® Pregnancy Test is designed to detect hCG as early as five (5) days before the expected period, i.e., as early as six (6) days before the day of the missed period. The amount of pregnancy hormone increases as pregnancy progresses. If you test before your period is due and get a "Not Pregnant" result, there is still a chance that you may be pregnant. See the chart below for results from clinical testing of Accu-Clear® Pregnancy Test:

Number of days before the expected period	-1 days	-2 days	-3 days	-4 days	-5 days
% of samples from pregnant women giving a "Pregnant" result	>99%	99%	99%	96%	78%

To work out when your period is expected, calculate your usual cycle length by counting the number of days from the first day of your period until the day before your next period starts. The day of the expected period is based on the average number of menstrual cycle days for the previous 3 cycles.

#### 3. If the result is positive (TWO LINES), what shall I do?

It means that your urine contains hCG and you are probably pregnant. You should see your doctor to confirm that you are pregnant and to discuss the steps you should take. The earlier you see your doctor, the better it is for your health. If the test line (T) is very faint and you are not sure, you should test again at least 48 hours after initial testing. The test line will darken as a greater concentration of hCG hormone is produced by the body after implantation.

#### 4. If I see two distinct and clear lines appear, but one line is darker than the other, am I pregnant?

Yes. This should be interpreted as a positive result.

#### 5. If the result is negative, what should I do?

It means that no hCG has been detected in your urine. You're probably not pregnant, or the level of pregnancy hormone may not be high enough yet to be detected, or you may have miscalculated the day your period was expected.

If a negative result is obtained and pregnancy is still suspected, the test should be repeated with a fresh test and a fresh urine sample a few days later. If the second test is negative, and you still have not menstruated, you should see your doctor for further advice.

#### 6. I see a very faint line, or what looks like a line in the test area. Is this a positive result?

Blotches, shadows, or evaporation marks are not a positive result. If you are pregnant, the test line will be distinct and obvious. If the line is very faint and you are not sure, you should test again in 48 hours. The test line will darken as greater concentrations of hCG hormone are produced as the pregnancy progresses.

#### 7. Can I get a false or misleading result?

Negative results are expected in healthy non-pregnant women. If you do get an unexpected result, you should consult your doctor.

- Fertility drugs containing hCG may give misleading results (these fertility drugs are usually given by injection and testing too soon after administration may give a misleading Pregnant result).
- The test should not be affected by other fertility therapies (such as clomiphene citrate), pain killers, antibiotics, or hormonal contraceptives (e.g. contraceptive pill).
- If you have recently stopped using hormonal contraception or are using fertility therapies like clomiphene citrate, your periods may be irregular, leading you to test too soon.
- If you have recently been pregnant (for example, delivery, spontaneous abortion or termination), you may get a misleading Pregnant result.

#### 8. How do I know the test was run properly?

The appearance of a colored line in the control line position (C) tells you that you followed the test procedure correctly and the proper amount of urine was absorbed.

#### 9. Can the result change after standing for a certain length of time?

The test should be read any time from 5 to 15 minutes. After 15 minutes any change in your result should be disregarded. Strong positive results may be observed as soon as 10-30 seconds, whereas weak positive results may take up to 5 minutes to develop. To confirm negative results, the complete reaction time of 5 minutes is required.

#### 10. Does alcohol affect the test?

The test should not be affected by alcohol. However, it is not recommended to use the test after drinking lots of any liquid.

#### 11. How accurate is Accu-Clear® Pregnancy Test?

Clinical evaluations have shown that the test device is more than 99% accurate from the day of your expected period<sup>1</sup>. The amount of hCG will vary greatly with gestational age and between individuals.

#### PRECAUTIONS

- For *in vitro* diagnostic use only (not for internal use).
- This test is intended for single use only. DO NOT REUSE.
- Discard with normal household waste.
- The test should be stored between 36°F-86°F (2°C-30°C).
- Keep out of the reach of children.
- This test is for home use.

#### LIMITATIONS

As with all diagnostic tests, a confirmed pregnancy diagnosis should only be made by a physician after all clinical laboratory findings have been evaluated.

<sup>1</sup>99% accurate at detecting typical pregnancy hormone levels. Note that hormone levels vary. However, some pregnant women may not have detectable amounts of pregnancy hormone in their urine on the first day of the missed period or may have miscalculated the first day of their period.

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